

Post-Sclerotherapy Information

- 1.** Not **ALL** treated vessels will disappear with one sclerotherapy treatment. If further improvement is desired, additional treatment sessions may be needed at your expense.
- 2.** The treated area will look "worse" for 2-3 weeks. There can be swelling, increased redness of the blood vessels, red scabs at injection sites. This will improve in 3-4 weeks.
- 3.** Occasionally, you can have some mild aching after the treatment. Cool compresses and analgesics such as Tylenol can help alleviate the discomfort. If you have severe pain or the above measures do not relieve your discomfort please call the office.
- 4.** You will likely be able to maintain normal activities. We encourage you to walk at least 1 hour every day----the more the better.
- 5.** Avoid hot baths for 3-4 days.
- 6.** Avoid strenuous high-impact aerobics or weight lifting for 72 hours.
- 7.** For the first 72 hours, compression stocking should be worn all day and night, except for showering.
- 6.** For the following 11 days, compression stockings should be worn during the day only, except for showering.

If you have any further questions please feel free to contact us at 303-604-1444.

