

Post-Operative and Post-Biopsy Instructions

What should I do today?

A dressing has been placed over the operative site. Leave this in place and keep the wound as dry as possible for 24 hours.

How do I take care of my wound?

After the first 24 hours, remove the bandage and gently cleanse the operative site with soap and water. Once dry, apply petrolatum jelly (e.g. Vaseline® or Aquaphor®) to the site before putting on a new bandage. For bandaging use band-aids, or a nonstick dressing such as Telfa™ adhered by paper tape to cover the wound.

Cleanse, apply petroleum, and bandage the site once a day for up to 2 weeks or longer until the wound is healed.

- Wounds heal better and hurt less when kept moist with an ointment. We prefer you **not** use Neosporin as many people are allergic or develop an allergy to this medication.
- If any bleeding is noted, apply continuous, firm, and direct pressure to the area **for 20 minutes by the clock**. If this does not stop the bleeding, call our office at (303) 604-1444. If the office is closed, call our office and ask to speak with the on-call provider.
- You may take Tylenol® for pain as directed on the package. A small amount of pain or discomfort is normal for this procedure.

When will I hear from Boulder Valley Center for Dermatology?

You will receive a call or letter from our office regarding your pathology report. If you have not received notification after 2 weeks, please call our office to check on the pathology report.

PLEASE NOTE:

All biopsies are sent to an outside lab for evaluation and therefore you will be billed separately from the doctor's bill. If you have any questions/problems regarding your laboratory bill, you must contact the laboratory directly. Thank you.

If you are having problems related to your treatment that cannot wait until regular office hours, call (303) 604-1444 and ask to speak to the provider on call.

