

If you have questions, need to update your patient record, or would like to schedule or reschedule an appointment, please call (303) 604-1444 so we can help you as quickly as possible. Please do not reply to this email.

Skin DEEP



An article to share from Brooke Weinberger, PA-C



"Perioral Dermatitis"

Perioral Dermatitis is a very common skin condition that affects the orifices of the face; therefore you may also see it called Periorificial Dermatitis, or Periocular Dermatitis when it is located near the eyes. After obtaining a diagnosis with one of our providers at Boulder Valley Center for Dermatology, the care and prevention of Perioral Dermatitis involves what is known as the "Zero Treatment." It will be important to eliminate ALL but a few skin care products while this condition is resolving. When treating Perioral Dermatitis, we recommend the following: using only a gentle skin cleanser twice/day, broad-spectrum sunscreen of SPF 30 or above, the prescribed medication that you and your provider choose, and gentle emollient (skin cream) as needed. Gentle brands for skin cleansers and emollients are Cetaphil, CeraVe, Eucerin, and Vanicream. Preventing Perioral Dermatitis: This common skin

condition often occurs when someone tries a new cosmetic/ skin care product. Another cause of Perioral Dermatitis is irritation caused by fluoride toothpaste or floss. It is very important to use fluoride for your dental health, so wash the face with a gentle cleanser AFTER brushing/ flossing. Sun or wind exposure can also make Perioral Dermatitis flare. That's another reason why it's important to wear sunscreen with SPF 30 that has UVA and UVB protection daily. If you have a new rash on your face or elsewhere on your body, please call and schedule an appointment for evaluation and management with our team at BVCD.

? Treatment of the Month ?

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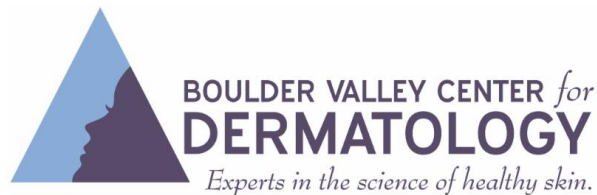
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